



# RAPHA WEST HILLS CONTINENTAL

## 37.8 MILES 4098 ELEVATION GAIN

### CUE SHEET

ROAD	MILES	COMMENTS AND SENSATIONS
		7:30am : Crane Building : 710 NW 14th
RIGHT, NORTH ON 14TH	0	Into the Pearl District, then suddenly it's industrial.
LEFT ON NW RALEIGH	0.42	Go under the overpass to the land of majestic parking lots.
RIGHT ON NW 26TH	1.3	
LEFT ON NW VAUGHN	1.55	Past the Montgomery Building.
LEFT ON NICOLAI	1.95	Around the bend this becomes NW St. Helens.
LEFT ON HWY 30	3.8	Also called NW St. Helens
LEFT ON NW SALTZMAN	4.5	Crossing the 30 is sketchy, so heads up.
RIGHT AROUND GATE	5.2	On the other side of Gate, road changes to various shades of unpaved.
	6.5	Continue climbing on Saltzman, straight left'ish, through intersection.
	8.15	Continue through gate to the very top.
RIGHT ON NW SKYLINE	8.4	Rolling ridge road on the top of NW Hills. Perfection
CROSS CORNELIUS PASS	14.5	Store on the right. Water spicket out front. Nice People with fine sustenance for sale.
LEFT ON OLD CORNELIUS PASS	14.6	
RIGHT ON ROCK CREEK	14.97	Horrible surface gives way shortly to amazing trip through Appalachia.
LEFT ON ELLIOT	19.25	The final roller.
RIGHT ON SKYLINE	19.8	Bigger and better than your first visit to Skyline.
LEFT ON SKYLINE	23.3	Through intersection, same as before only in the opposite direction. Store on left.
RIGHT ON BROOKS	23.7	Big descents.
LEFT ON KAISER	24.4	Lovely rollers.
LEFT ON GERMANTOWN	26.2	Prelude,
RIGHT ON OLD GERMANTOWN	26.7	to a climb. Bueatiful and the last of the day.
RIGHT ON GERMANTOWN	28.95	
RIGHT ON SKYLINE	29.12	Perfect beautiful Skyline.
LEFT ON THOMPSON	32.8	Incredible twisty-turny descents.
LEFT ON CORNELL	34.48	Two tunnels and then Portland.
		Cornell Changes to Lovejoy at some point.
RIGHT ON 21ST	37.2	Wave to 21st Avenue Bikes.
LEFT ON JOHNSON	37.4	The final approach.
	37.8	Right on sidewalk for a half block will get you back to Crane Building.



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FEBRUARY 10/08

